

Smartwatch Solutions provides Static Guard, Mobile Patrol, Alarm Response and Keyholding, Virtual Guard, CCTV and Access Systems & Services to a wide range of organisations.

Smartwatch Solutions Limited is committed to enforcing an effective Hours of Work and Fatigue Risk Management Policy in accordance with the requirements of the Railway and Other Guided Transport Systems (Safety) Regulations 2006 (ROGS, as amended), the 2024 Office of Rail and Road (ORR) guidance on fatigue management, and Network Rail Company Standards. This policy contributes to ensuring the health and safety of our employees, sub-contractors, and all those affected by our work.

Working Hours Limits

All employees and sub-contractors must adhere to the following limits unless a formal risk assessment is conducted:

- Not work in excess of 14 hours per day (door to door).
- Not work in excess of 60 hours per calendar week (Level 1).
- Not work in excess of 72 hours per calendar week (Level 2).
- Not work more than 13 days in any 14-day period.
- Take a minimum of 12 hours rest between shifts.
- Not exceed a fatigue index of 35 (day) or 45 (night) or a risk index of 1.6 in a 7-day period.

Travel Time

Employees or contractors holding a Sentinel card competency must adhere to the following travel requirements:

- Travel of up to 1.5 hours each way to a site is acceptable.
- If travel exceeds 1.5 hours each way, lodging must be arranged.
- Total working time including travel must not exceed 14 hours per day.

Fatigue Risk Management System (FRMS)

Smartwatch Solutions Limited has implemented a structured FRMS in line with ORR 2024 guidance. This includes:

- Fatigue risk assessments for all safety-critical roles.
- A fatigue reporting mechanism for staff to report concerns.
- Fatigue awareness training for all relevant personnel.
- Integration of fatigue management into the Safety Management System (SMS).

Monitoring and Enforcement

Internal procedures are in place to prevent excessive working hours. Continuous monitoring is conducted, and corrective actions are taken if deviations are identified.

Training and Safety Culture

Fatigue awareness training is mandatory for all staff involved in safety-critical work. Smartwatch Solutions promotes a positive safety culture where fatigue concerns can be raised without fear of reprisal.

Policy Review and Version Control

This policy will be reviewed annually or when legislation or standards change. The Managing Director is responsible for ensuring the policy remains current and effective.

Signed:

Position: Managing Director



Name: Neil Jones

Date: 31/07/2025